

ADULT YOGA EXERCISE SESSION'S 2012

PLACE: DURHAM ACTIVITY CENTER

Sponsored By Durham Recreation

Instructor Sue Schade

Monday Yoga 7:00-8:00pm, January 2, 9, 16, 30. Feb 6, 13, 20, 27

Fee: 45.00

Wednesday Yoga 7:00-8:00pm, January 4, 11, 18, 25, Feb. 1, 8, 15, 22, 29

Fee: 45.00

Saturday Yoga 8:00am-9:00am Jan. 7, 14, 21, 28, Feb. 4, 11, 18, 25

Fee: 40.00

Mail Registration To: Durham Recreation, P.O. Box 428, Durham Ct.06422

OR

Register at the Town Clerks Office at the Durham Town Hall, Monday, Wednesday, Thursday, Friday,

8:30am-4:30pm

Tuesday 8:30am-7:00pm

Thank you

Durham Recreation Office 860-343-6724

PARTICIPANT'S INFORMATION

NAME _____ CELL# _____

ADDRESS _____ PHONE# _____

PLEASE CHECK CLASS: MONDAY CLASS ___ WEDNESDAY CLASS ___ SATURDAY CLASS ___

Check # _____ Amount _____

E-Mail _____

EMERGENCY CONTACT _____

PHONE# _____

Please list any medical problems, including allergies or medications:

I hereby give permission for the above person to participate in the Durham Recreation Adult Exercise Program. Sponsored by the Durham Recreation Department. I certify that he/she/I is in good health. I have listed above any allergies, conditions and or medications that the program personnel should be aware. I further authorize the Durham Recreation Staff to act for me according to their best judgment in any emergency requiring medical attention in the event that I cannot. In case of injury I understand that I am responsible for all financial liabilities.

Signature _____ Date _____